



A Student's Role

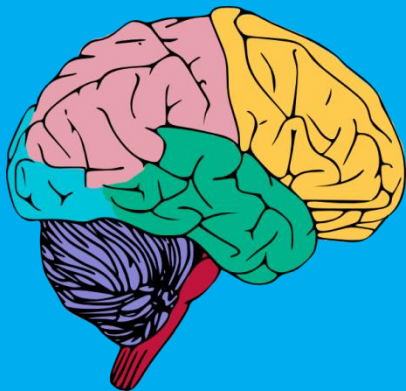
By Allison Giroux

How did I get here?

- CVU alumnus
 - Connecting Youth (CY)
 - Our Voices Exposed



- Tobacco-Free interest group meeting



- Junior, neuroscience major & pre-health

Tobacco-Free UVM



Tobacco Free UVM Intro.mp4

<https://www.youtube.com/watch?v=6VoiY7B9dsc>

Tobacco-Free UVM

- What will this look like on campus?
 - Social Change
 - Peer influence
 - Bailey Howe Library “beach”
 - Outside of dorms & lecture halls
 - Health initiative
 - not trying to get people in trouble

Healthy Students Committee

- Dialogue & clarity
- Policy recommendations
 - What would work best?
 - How do we influence social change?
- Working with other student groups
 - ResLife
 - Eco-Reps
 - Student Government Association...more!



Healthy Students Committee

- Open forums...
- Tabling
 - Quit info
 - Buttons & stickers
 - Q&A
- Cessation
 - Classes in **LivingWell** in the Davis Center



Feedback from tabling

- Staff, faculty, and students
- *Vast* majority of comments were positive
- Lots of questions about the proposed policy

(People love stickers and buttons!)

Feedback from tabling

- “If I can do it, she can do it.”
- “Thanks for being here!”
- “...a little extreme, don’t you think?”
- “I’m glad recent quitters and those trying to quit won’t have to be around smoke while on campus!” (former smoker of 8 years)

Feedback from tabling

- “I can’t wait for this to start, especially considering the **nasty chemicals** that get incorporated into our **run-off** from cigs.”
- “I’m **very sensitive to smoke**, and I have to significantly deviate my walking paths.”
- “I’m in full support!” (x10+)

“Sweet.”



The Future

- Cessation classes on campus
- Signage & social media
- Partnerships with various student groups
- **Social change!**

tobacco
FREE 

Thank you!